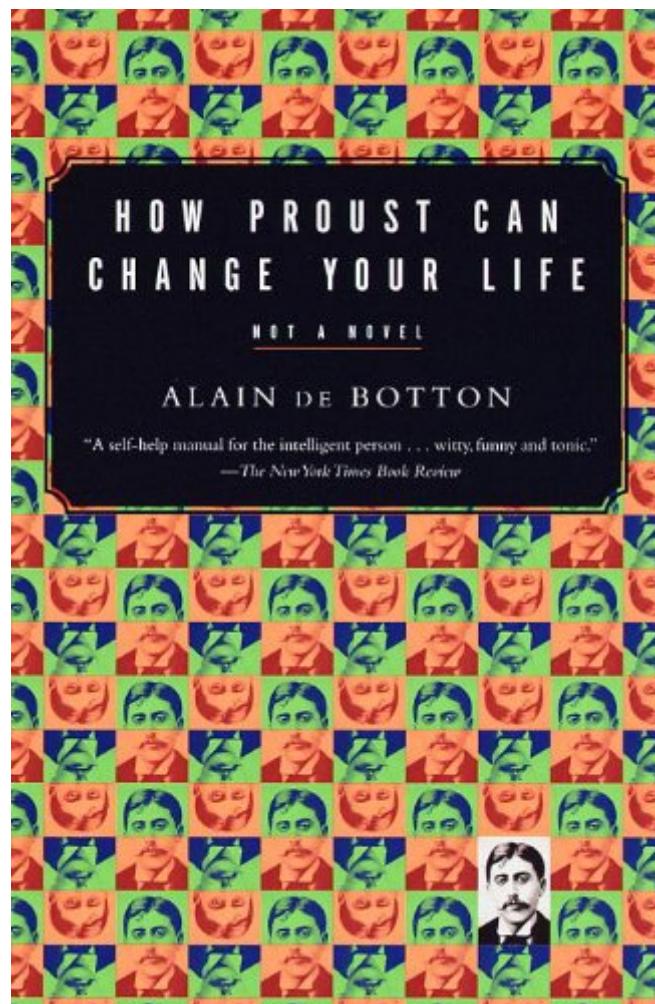


The book was found

# How Proust Can Change Your Life (Vintage International)



## **Synopsis**

Alain de Botton combines two unlikely genres--literary biography and self-help manual--in the hilarious and unexpectedly practical *How Proust Can Change Your Life*. Who would have thought that Marcel Proust, one of the most important writers of our century, could provide us with such a rich source of insight into how best to live life? Proust understood that the essence and value of life was the sum of its everyday parts. As relevant today as they were at the turn of the century, Proust's life and work are transformed here into a no-nonsense guide to, among other things, enjoying your vacation, reviving a relationship, achieving original and unclichéd articulation, being a good host, recognizing love, and understanding why you should never sleep with someone on a first date. It took de Botton to find the inspirational in Proust's essays, letters and fiction and, perhaps even more surprising, to draw out a vivid and clarifying portrait of the master from between the lines of his work. Here is Proust as we have never seen or read him before: witty, intelligent, pragmatic. He might well change your life.

## **Book Information**

File Size: 6182 KB

Print Length: 210 pages

Publisher: Vintage; New title edition (January 23, 2013)

Publication Date: January 23, 2013

Sold by: Random House LLC

Language: English

ASIN: B00ATLA8PC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #154,235 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #29

in Books > Literature & Fiction > History & Criticism > Genres & Styles > Humor #64 in Books > Literature & Fiction > History & Criticism > Regional & Cultural > European > French #238  
in Books > Humor & Entertainment > Humor > Self-Help & Psychology

## **Customer Reviews**

I have tackled only "Swann's Way" from the seven volumes of Marcel Proust's "In Search of Lost

Time," formerly translated as "Remembrance of Things Past." You need not have read Proust to thoroughly enjoy this concise 197-page book in nine chapters. When you finish it, however, you will be seriously contemplating having a go at Proust's masterpiece in its entirety. Consider the chapter titles. The fourth is "How to Suffer Successfully." The seventh is "How to Open Your Eyes." The eighth is "How to be Happy in Love." The last, and my favorite, is "How to Put Books Down." The author draws on the ideas and characters found in Proust's masterpiece and renders Proust's response to these issues. All of this is very wittily done. The whole thing is leavened with fascinating biographical tidbits concerning this strange, brilliant man, Marcel Proust. In that last chapter Mr. de Botton (apparently a Brit) presents us with Proust's view of books and their proper place in life: "It is one of the great and wonderful characteristics of good books (which allows us to see the role at once essential yet limited that reading may play in our spiritual lives) that for the author they may be called "Conclusions" but for the reader "Incitements." We feel very strongly that our own wisdom begins where that of the author leaves off, and we would like him to provide us with answers when all he is able to do is provide us with desires . . . . That is the value of reading, and also its inadequacy. To make it into a discipline is to give too large a role to what is only an incitement. Reading is on the threshold of the spiritual life; it can introduce us to it: it does not constitute it.

[Download to continue reading...](#)

How Proust Can Change Your Life (Vintage International) In Search of Lost Time: Proust 6-pack (Proust Complete) Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Change Your Gambling, Change Your Life: Strategies for Managing Your Gambling and Improving Your Finances, Relationships, and Health Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) Change Your Aura, Change Your Life: A Step-by-Step Guide to Unfolding Your Spiritual Power, Revised Edition The Weather in Proust (Series Q) Proust's Latin Americans (Hopkins Studies in Modernism) Paintings in Proust: A Visual Companion to in Search of Lost Time Proust: The Search (Jewish Lives) IBS: Free at Last! Change Your Carbs, Change Your Life with the FODMAP Elimination Diet, 2nd Edition IBS-Free at Last! Second Edition. Change Your Carbs, Change Your Life with the FODMAP Elimination Diet Change Your Brain, Change Your Life: The Breakthrough Program for Conquering Anxiety, Depression, Obsessiveness, Anger, and Impulsiveness Change Your Brain, Change Your Life Deck Change Your Aura, Change Your Life (Revised Edition) Change Your Story, Change Your Life: Using Shamanic and Jungian Tools to Achieve Personal Transformation Change Your Brain, Change Your Body: Your Ultimate

Brain/Body Makeover (6 CD Set) Change Your Brain, Change Your Body: Use Your Brain to Get and Keep the Body You Have Always Wanted The Complete Vintage Travel Trailer Restoration Manual: Learn Everything You'll Need to Restore Your Vintage Trailer Your Brain on Sex: How Smarter Sex Can Change Your Life

[Dmca](#)